

Mass Intention

Saturday 3/6

8:00AM HOLY FAMILY MASS

5:00PM Brian Andrew Lundstrom(Birth Remb)(O);
 Jose Paiva & Famly & Cabral Family; Luiz de Freitas;
 Maria de Jesus Cabral; Maria S. Faria;
 Frank & Nellie Macedo; Maria Adelaide Vasconcellos;
 Manuel Furtado Barbosa (8th Anniv) & Family;
 Francisco & Maria Aurelia Fernandes; John Tramonti;
 Eleuteiro Andrade; Joseph, Irene & Russell Escobar;
 Manuel Pina, Domingos Pina & John Pina
 6:30PM Alcide Raposo & Berta Moniz;
 Joao Ponte (Month's Mind)

Sunday 3/7

7:30AM Rosalina Pereira (21st Anniv)
 9:00AM Pro Populo
 10:30AM Zachary Dauphinee (O)
 11:45AM Maria P. Bettencourt (O); Maria Zulmira Bettencourt;
 Jose Vigario; Kevin Bairos Pereira & Grandparents,
 In Honor of Our Lady of Fatima; Jose Cardoso;
 Rui Jorge Braga Tavares (2nd Anniv);
 Alfredo da Rocha & Family; Maria Torres (Birth Remb);
 Maria Margarida (Birth Remb) & Roberto Ferreira;
 Manuel Coelho Resendes & Jose Constantino Pimentel;
 Rui Braga Resendes; Irene Escobar;
 Rita Gomes (Month's Mind); Alzira Cabral, Joao Silva,
 Joao Antonio dos Santos & Joao Santos;
 Joao Carlos Barbosa & Jose & Olinda Barbosa ;
 Delfina Branco & Family

Monday 3/8

12:05PM Manuel & Maria Amaral
 6:00PM Eugenia & Jose Botelho

Tuesday 3/9

12:05PM August Enos (17th Anniv)
 6:00PM Joao Jr. Cordeiro & Manuel SImao Pereira

Wednesday 3/10

12:05PM Manuel & Mary Taveira
 6:00PM Augustinho Linhares Leite & Lucinda Mota

Thursday 3/11

12:05PM In Honor of St. Joseph
5:30PM Stations of the Cross (Port)
 6:00PM Berta Moniz

Friday 3/12

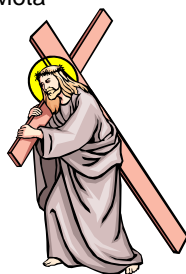
11:00AM Stations of the Cross (ENG)
 12:05PM Tommy Gomes;
 Nicholas Tavares (1st Anniv)
 6:00PM Sister Hilda Correia

Saturday 3/13

5:00PM 248 Combat Engineers; Artur & Francelina Machado;
 Joao & Maria Furtado; Gil Raposo; Manuel Sousa Pacheco;
 Hortencia Lima (7th Anniv & Manuel Lima & parents;
 Manuel & Maria Teixeira; Isabel Cabral & Family;
 In Honor of St. Joseph; Joao Garcia Serpa Faria;
 Luis Freitas (Birth Remb); Sergio & Virginia Morais;
 Dlniz Jacinto Pacheo & Evangelina Sousa Travassos;
 Maria & Manuel Jose Ferreira & deceased family
 6:30PM Roberto Cordeiro & Family

Sunday 3/14

7:30AM Mabilia Medeiros (14th Anniv)
 9:00AM Pro Populo
 10:30AM Maria Rosa de Castro (1st Anniv) &
 Irene Medeiros (4th Anniv)
 11:45AM Maria Otilia Aguiar (O); Joao de Freitas (Birth Remb);
 Daniel Maciel; Joao Moniz; Maria da Gloia Escobar;
 Manuel Cabral wife & parents; Jose C. Cabral (12th Anniv);
 Joao Pacheco & Maria do Esprito Santo;
 Francisco Branco & Wife & Family; In Honor of Santo Cristo,
 Our Lady of Fatima & Holy Ghost



Religious Education News

K - 5 Classes are in Session.

Winter Session

TEACHERS NEEDED: CCD teachers are needed for the next school year, beginning in September 2010. Teachers are needed for both the Middle School and High School level (Confirmation I & II). Please consider sharing your faith and your time with the young people of the parish. It's not difficult! I will meet with you and give you everything you need. Please email Lily at lilyfxccd@yahoo.com if you are interested.

9th & 10th Grades Classes on Tuesday, March 9th
6,7 & 8 Grade Classes on Wednesday, March 24th
 Classes are from 6:00PM to 7:30pm



Catholic Charity Fund Appeal

Because of you and your generosity to the annual Appeal, over 14,000 students and their families are served through the Catholic School Office, Thank you for your gift.

Lenten Parish Mission

Holy Ghost Church on 316 Hudson Street in Tiverton, RI is holding a Lenten Mission to be conducted by Fr. Pio Mandato, Sr. Theresa May & Sr. Joan May, (Capuchin Sisters of Nazareth). The mission is entitled: "The Church- One, Holy, Catholic, and Apostolic". March 22-25 at 7:00PM. Talks, music, healing service Confessions & closing Mass. for more information, visit HolyGhostCC.org or call 401-624-8131

ALTAR SERVERS

Weekend of March 6 & 7

Sat: 5:00PM-Alexandria Braga, Ashley Justa, Michael Melo
 6:30PM- Kelsey Ferreira, William & Brian Tavares
Sun: 7:30AM- Robbin Teixeira, Julia Ferreira, Rebecca Amaral
 9:00AM-John Rego, Dylan & Kalyn Tavares
 10:30AM-, Jason & Jonathan LePage, Luis Medeiros
 11:45AM- Brendan & Regina LaPietra, Jenna Medina

Weekend of March 13 & 14

Sat: 5:00PM- Lily & Nathan Silveira, Nicholas Silva
 6:30PM- Kelsey Ferreira, Jeffrey & Jonathan LePage
Sun: 7:30AM- Robbin Teixeira, Ashley Justa, Luis Medeiros
 9:00AM- John Rego, Dylan & Kalyn Tavares
 10:30AM-Alexandria Braga, Rebecca Amaral,
 Jenna Medina
 11:45AM- Julia Ferreira, Brendan & Regina LaPietra

NOTE: If you cannot serve at the Mass for which you are scheduled, please arrange for a replacement.



**Blessed Sacrament Lamp
 Special Intention**

Catholic High Schools - OPEN HOUSE

Bishop Hendricken High School- Sunday, March 14th from 1:00pm - 3:30pm. Entrance exam will be on Saturday, March 27th at 8:30am. For more information call the Admissions Office 749-3450 ext 162.

Bulletin Ads

If you own a business and would like to advertize on the back of our church bulletin, spaces are available. Please call Maryann at 434-1878 before March 18th. The new ads will begin on the weekend of April 3rd.

TIME CHANGE



On March 14th Daylight Savings Time begins. Please remember to change your clocks ahead one hour.

My Prayer for this week

Dear Jesus Christ, my good Friend and Brother, today I come here to thank You for the beautiful prayer You taught us, the "Our Father". A few days ago when I was here with You presenting a request, asking for a much needed grace from You, I realized that a prayer so simple and so efficient taught us not to talk to God, your Father, but rather with God, our Father and our Creator. I discovered that if it were not for the prayer that You taught us, talking to God, would be like talking to someone on the other side, someone so powerful that we would be afraid to approach. Yet, to talk with God, is to pray in a way that we treat Your Father as our own Father as well. A Father should be attentive to his child's requests, he should always come to be with his child to help him or her, and should always be within his child's heart to listen well to whatever his child asks of him. To talk with the Father is to believe that He is here, very much present, in front of our eyes and the eyes of our heart. To talk with the Father is to believe that our prayer, with all the certainty of our faith, is being heard by the Father You gave us, a Father who is good, loving, concerned, merciful, compassionate, attentive, and contented to give good things to his needy children. Thank you, Lord Jesus, for teaching us to pray to Your and to our Father, the "Our Father". Thank you for showing us that "Our Father" is concerned with the things in our lives that have no end, heavenly things. Thank you for the "Our Father", for the Father You revealed to us with the greatest simplicity of Your Love! Amen!

The Friends of Zachary Dauphinee Inc.

Please join us for our 4th Annual Dinner Sunday, March 7, 2010 - Knights of Columbus, 50 Crescent View Drive, Riverside, RI 12 Noon- Food, Music and raffles A small donation of \$15.00, payable at the door. For more information contact Marc & Maria 401-435-4219 or Wendi 401-347-3783.

DISCIPLINE OF LENT

Fasting Abstinence

Church law requires abstinence from meat (for those 14 & older) on Ash Wednesday and Good Friday and all the Fridays in Lent. In addition, Ash Wednesday and Good Friday are fasting days; those between the ages 18 & 59 should eat less, that is take in no solid food between meals and only one meal should be a full meal. Serious reason, for example a medical condition, can excuse one from these rules.

Sacrament of Reconciliation

During Lent, parishioners may avail themselves of this Sacrament before weekday Masses, Monday through Thursday one half hour before the 12:05 Mass & 6:00PM Masses

Exposition of the Blessed Sacrament

Every Friday from 12:30PM - 6:00PM

Stations of the Cross

Portuguese: Thursday at 5:30PM

English: Fridays at 11:00AM

Lenten Missions

English Mission: will take place on Monday March 15th thru Wednesday, March 17th at 6:00PM English Mass with Msgr. John J. Darcy.

TV MASS

This Sunday, March 7th the 11:45AM Mass will be televised. We thank all those who have contributed to make these Masses possible.

Lenten Penance Services

All are welcome to attend the Lenten Penance Services at 7:00pm at the following churches throughout the Lenten season: Monday, March 8th - Holy Name, Providence

Tuesday, March 9th- Our Lady of the Rosary, Prov.

Wednesday, March 10th-Jesus Savior, Newport

Thursday, March 11th - Our Lady of Fatima, Cumb.

Wednesday, March 17th -St. Anthony, Pawtucket

March 18th St. Anthony, West Warwick

Monday, March 22nd St. Thomas, Warren

Tuesday, March 23rd - St Elizabeth, Bristol

Thursday, March 25th - St Francis Xavier

Apartment for Rent-

Grosvenor Street- 2nd floor- 2 bedroom- 434-0935

Orchard St. 1st Floor -2 bedrooms -533-9093

What is Lent?

Lent is 40 days of prayer; fasting and almsgiving in preparation for Easter. It has a two-fold purpose: 1. For those who are preparing for baptism and reception into the church at Easter, these 40 days are filled with prayer and preparation for the Easter Vigil. 2. For all those who are already baptized, the 40 days present the opportunity, through the discipline of prayer, fasting and almsgiving, to prepare to renew their own baptismal promises during Easter.

When does Lent begin? End?

Lent begins on Ash Wednesday and concludes before the celebration of the Mass of the Lord's Supper on Holy Thursday.

Why are ashes placed on the foreheads of Catholics on Ash Wednesday?

Traditionally, the ashes for Ash Wednesday come from burning the palms from the previous year's Palm Sunday celebration. Ashes are a biblical symbol of mourning and penance. They also symbolize death and so remind us of our mortality. "Remember, man that thou art dust and unto dust thou shalt return," or "Turn away from sin and be faithful to the Gospel" are the words that are spoken during the imposition of ashes.

What is fasting? Are some exempted from fasting, even on the obligatory days of Ash Wednesday and Good Friday?

Fasting is one of the most ancient practices linked to Lent. Fasting is more than a means of developing self-control. It is often an aid to prayer, as the pangs of hunger remind us of our hunger for God. The law of fasting requires a Catholic from the 18th birthday to the 59th birthday to reduce the amount of food eaten from normal. The church defines this as one meal a day, and two smaller meals which if added together would not exceed the main meal in quantity. Such fasting is obligatory on Ash Wednesday and Good Friday. Those who are sick and elderly are excused from this obligation, but they are encouraged to do some other kind of acts of charity.

What is the significance of palms and Palm Sunday?

This Sunday observes the triumphal entry of Jesus into Jerusalem that was marked by the crowds, who were in Jerusalem for Passover, waving palm branches and proclaiming him as the messianic king. Great crowds of people thronged the streets waving palm branches to welcome him. The people shouted "Hosanna" and laid their cloaks and palm branches from the nearby trees in his path. It begins the celebration of Holy Week for Christians.

Are there any changes to the liturgy during Lent?

The liturgy of Lent focuses on the passion and death of the Lord. The season is one that emphasizes the penitential nature of Lent. The Gloria and the Alleluia are not said or sung during Lent. The vestment color is purple - a reminder of the penitential nature of the season. Flowers might be absent from church, and organ music is restrained. The stark simplicity of Lenten worship can provide a striking contrast with the joyful celebration of Easter

Is there a different theme for Lenten readings?

Ash Wednesday inaugurates the Lenten season, and its readings set the guidelines for our 40-day journey. The Gospel gives us our Lenten outline: pray, fast and give alms, not for outward show but with hearts that are converted. Subsequent Scripture readings of the Lenten liturgies give us daily lessons based on these themes: 1) The first three weeks call us to repentance and to the practice of virtue. 2) The second theme that threads its way through the seasonal readings is the instruction of the catechumens who are preparing for Easter. 3) The final scriptural theme unfolding in the last two weeks of Lent is the mounting opposition toward Christ and his preaching.

Why do Catholics sacrifice during Lent?

The three traditional pillars of Lenten observance are prayer, fasting and almsgiving. Through the observance of these disciplines and with sacrifice, we as Catholics have an opportunity to grow in our faith.

Are there specific days during Lent, other than Sundays, that Catholics should make an effort to attend Mass?

In order to begin the season of Lent, Catholics should attend Mass on Ash Wednesday. As part of the discipline of Lent, it is strongly recommended that if possible, Catholics should attend Mass daily during Lent.